

# Enhancing Group Dynamics & Enhancing Network Dynamics Team Building Specialists

## ***Who we are***

RSF integrates both fire and security issues in all of its services. RSF is a deliverer of high quality certifiable training and consulting services. Our network of trainers are all recognized by their peers as the best of the best. We ensure our training is conducted with such organizational standards as those of IFE, NFPA, CSA, Homeland Security, RCMP and Provincial/Federal requirements. Our partnership with the GTAA Fire and Emergency Services Training Centre gives our clients access to all of their services as well as the use of the state of the art training facility. Finally, what makes us special is our total commitment to your satisfaction and achievement of the desired goals or objectives.

## ***The Team Challenge***

A powerful way to build team spirit and create synergies; strengthen your team and creating competitive advantage. The best way to enhancing the interaction of your group is to bring them together for a day of excitement and team challenge. RSF and the GTAA Fire & Emergency Services Training Institute (FESTI) have combined to offer a day of team building unlike any other. Form relay teams to challenge each other in the authentic (as seen on TSN - called "the toughest two minutes in sports") Fire Fighter Combat Challenge. Each member of the team will complete one segment of the course for a combined team score. Learn the techniques of search and rescue and have your team compete in rescuing a victim from a smoke filled (environmentally friendly smoke) five story building. Now if that hasn't increased the adrenaline and challenged the team to the limits, gather together for the finale of fire extinguishment. Each team will learn the techniques of fire suppression and use these skills to extinguish a flammable liquids fire. Post event debriefs will highlight the experience and the group photos will capture the moments of an extraordinary day. Come out and participate in a truly rewarding journey!

## ***Enhancing Group Dynamics***

This program offers each organization the opportunity to bring their group together for information sharing, team building, excitement and competition. Start with a classroom/theatre setting where your organization discusses ways to develop and build the team and the corporate strategy. Following this session the team is divided up into groups for fun and excitement through a unique opportunity of competition. Throughout the day refreshments will be served as well as an awesome lunch to ensure that everyone builds up the energy necessary for what they are about to experience. All exercises are conducted safely, which requires a safety officer for each group of five participants. Come out and enjoy the rush and a terrific day that you will remember forever. Challenge yourself and your team like never before.

## ***Enhancing Network Dynamics***

The networking program creates an opportunity for multiple organizations or groups to exchange information and challenge each other. It is a fabulous way for various departments to network and build stronger working relationships. This unique experience promotes group and organizational dynamics. It breaks down silos and any barriers to interdepartmental relationships. Having shared this experience and the success of these events, they will take back a re-energized outlook and enhanced team spirit to the work environment. Teams share in their own development which adds to the power of this exciting program. Teamwork and collaboration will be the ultimate outcome from a day of fun and challenge.



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